Sports Coaching Checklist

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| **Topic** | **Tick** |
| Planned what you are going to coach/teach |  |
| Confirmed date and time |  |
| Know what equipment you need |  |
| Booked or confirmed the venue |  |
| Have all insurance and documentation confirmed and approved |  |
| Know how to travel to the venue |  |
| Considered all necessary health and safety aspects |  |

What is the aim of your session?

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Equipment Checklist (Write here what equipment you need):

* Cones
* Bibs (4 sets)
* Whistle
* Session Plan
* Ladders
* Goals

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| --- | --- | --- |
| Skill/Progression 1 | Skill/Progression 2 | Skill/Progress 3/Conditioned Game |

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| --- | --- | --- |
| What was your previous session on? | Notes: | Comments on Session: |